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NATURAL KILLER CELL-DERIVED EXOSOME MIMETICS AS NATURAL NANOCARRIERS FOR *IN VITRO* DELIVERY OF CHEMOTHERAPEUTICS TO THYROID CANCER CELLS

Background. Exosomes have become a potential field of nanotechnology for the treatment and identification of many disorders. However, the generation of exosomes is a difficult, time-consuming, and low-yielding procedure. At the same time, exosome mimetics (EM) resemble exosomes in their characteristics but have higher production yields. The **aim** of this study was to produce natural killer (NK) cell-derived EM (NKEM) loaded with sorafenib and test their killing ability against thyroid cancer cell lines. **Materials and Methods.** Sorafenib was loaded into NKEM by mixing sorafenib with NK cells during NKEM production (NKEM-S). Then, these two types of nanoparticles were characterized with nanoparticle tracking analysis (NTA) to measure their sizes. In addition, the cellular uptake and *in vitro* killing effect of NKEM-S on thyroid cancer cell lines were investigated using confocal laser microscopy and bioluminescence imaging (BLI) techniques. **Results.** The uptake of NKEM and NKEM-S by the thyroid cancer cells was observed. Moreover, BLI confirmed the killing and anti-proliferation effect of NKEM-S on two thyroid cancer cell lines. Especially important, the NKEM-S demonstrated a desirable killing effect even for anaplastic thyroid cancer (ATC) cells. **Conclusion.** Sorafenib-loaded NKEM showed the ability to kill thyroid cancer cells *in vitro*, even against ATC. This provides a new opportunity for drug delivery systems and thyroid cancer treatment.

Keywords: thyroid cancer, exosome mimetics, natural killer cells, immunotherapy, drug delivery system.

Thyroid cancer has attracted more and more attention due to its rapid increase in incidence, and numerous improvements in treatment have been applied over the past few decades, including the development of molecularly targeted drugs and advancements [1, 2]. In general, thyroid cancers

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can be categorized based on the cells and divided into differentiated thyroid cancer (DTC) including papillary thyroid carcinoma (PTC) and follicular thyroid carcinoma (FTC), anaplastic thyroid cancer (ATC), and medullary thyroid cancer (MTC) [3]. Fortunately, more than 90% of thyroid cancer cases belong to the DTC, which has an excellent prognosis. In contrast, as one of the most fatal malignancies, ATC has worse prognosis (overall 1-year survival rate of about 20% and mean survival of less than 6 months) [4]. Although various therapeutic strategies, including surgery [4, 5], chemotherapy [2, 6], radiotherapy [7, 8], and thyroid stimulating hormone (TSH) inhibition therapy [9], have been used, none of them has been successful in improving the survival of ATC patients [10]. Sorafenib is known to kill tumors by inhibiting the proliferation and angiogenesis of tumor cells [11, 12] and was approved by the FDA for the treatment of hepatocellular carcinoma, advanced renal cell carcinoma, and DTCs [13, 14]. Although sorafenib is widely used for treating DTCs, however, it is not used for treating ATC. The development of an effective sorafenib delivery system to tumor cells may provide an opportunity for the treatment of ATC.

It is particularly motivating to load agents into the drug delivery system (DDS) to improve therapeutic effectiveness by increasing their accumulation in the tumor and minimizing off-target effects [15–23]. However, the presence of biological barriers reduces the interaction of nanoparticles with their targets, which reduces their biological utility and clinical translation [24, 25]. In addition, the cycle time of DDS is constrained due to the quick clearance by monocytes/macrophages or the reticuloendothelial system (RES) [26–28]. In comparison with artificial nanocarriers, exosomes or small extracellular vesicles revealed less clearance by the immune system, owing to their inherent existence in the body [29]. For instance, it has been demonstrated that exosomes from CD47-overexpressing human foreskin fibroblasts reduce phagocytosis-mediated clearance by monocytes and macrophages and increase the absorption by cancer cells [30]. Numerous oncological and non-oncological diseases have been diagnosed and treated using exosome technology [15, 29, 31–36]. In addition, the biological activities mediated by exosomes, such as immunomodulation, induction of apoptosis, and enhancement of proliferation, are largely

under the control of these proteins and cargoes [15, 29]. However, the low production rate of exosomes may demand the consumption of huge amount of medium for their large-scale production [37–41].

Exosome mimetics (EM), which function biologically similarly to exosomes while having higher yields, are emerging as a new generation of bioinspired-nanoscale DDS [42]. Previous research has used cell extrusion to create mesenchymal stem cell-derived EM, and these nanoparticles still have the exosome-like ability to deliver chemotherapeutic drugs in high yields [42–45]. Notably, EM have several advantages over currently used synthetic systems. First of all, the bio-originated membrane of EM occurs to accelerate the internalization of the drug [15, 29, 42]. Secondly, the nanoscale EM size makes it easier to diffuse into the tumor tissue and extravasate into the blood vessels [16, 31, 43]. Thirdly, EM share biological and morphological similarities with exosomes. In our previous study, we generated NK-92MI cell-derived exosomes and demonstrated the therapeutic applicability of such nanoparticles for the treatment of melanoma cells [46]. In view of the above characteristics, EM instead of exosomes from NK cells may present an opportunity for the development of safer and more effective DDS. In the current study, we aimed to develop a method for loading sorafenib into NKEM and test the killing effect of the sorafenib-loaded NKEM (NKEM-S) against thyroid cancer cell lines *in vitro*.

Materials and Methods

Cell lines. Human PTC cell line K1, purchased from Sigma-Aldrich, USA, was maintained in DMEM high-glucose medium (HyClone, USA) supplemented with 10% fetal bovine serum (FBS; Gibco, USA) and 1% penicillin/streptomycin 100X solution (HyClone). Human ATC cell line BHT101, purchased from Deutsche Sammlung von Mikroorganismen und Zellkulturen (DSMZ, Germany), was maintained in DMEM high-glucose medium supplemented with 20% fetal bovine serum and 1% penicillin/streptomycin 100X solution. Human NK cell line NK-92MI, purchased from the American Type Culture Collection, USA, was cultured in CellGenix GMP SCGM medium (CellGenix, Germany) supplemented with 2% human serum (Sigma-Aldrich) and 1% penicillin/streptomycin 100X

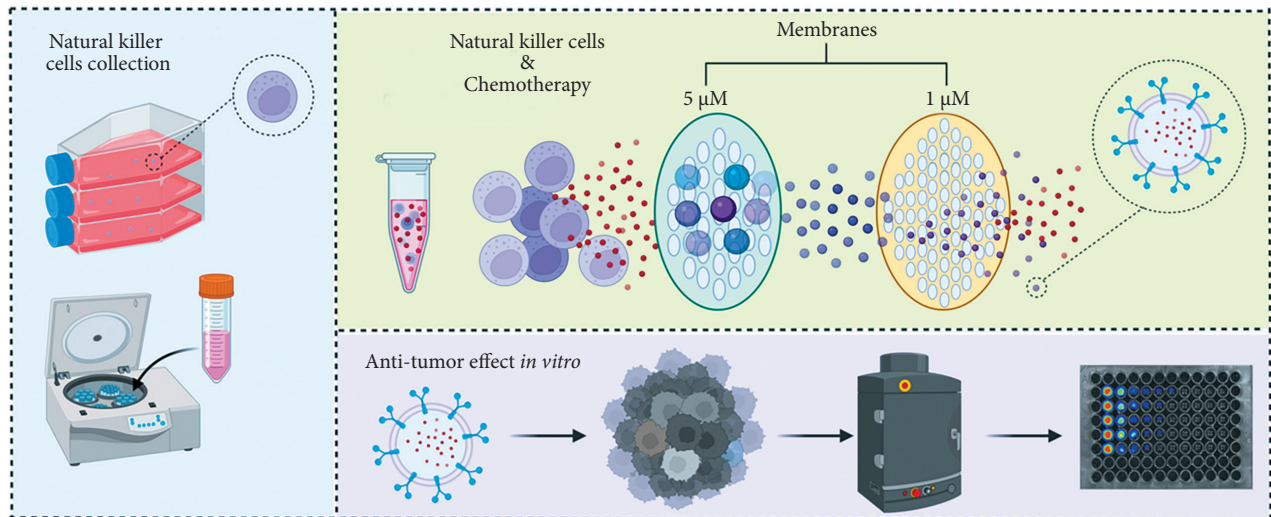


Fig. 1. Flowchart of experimental steps. Experimental steps included cell culture of natural killer cells, centrifugation, production of exosome mimics, loading of sorafenib, and cytotoxic effects on thyroid cancer cell lines

solution. The cancer cell lines were cultured and transfected with an enhanced firefly luciferase (efluc) gene. Established stable expression of the efluc gene was confirmed via the addition of the substrate D-luciferin and using the IVIS Lumina III imaging system (Perkin-Elmer, USA); the cells were referred to as K1/F and BHT101/F cells.

Generation and characterization of sorafenib-loaded NKEM. NKEM/NKEM-S were prepared by adjusting the protocol in previous studies [41, 47, 48], NK-92MI cells were suspended in a medium supplemented with sorafenib (50 ng/mL) and extruded using a mini-extruder (Avanti Polar Lipid, USA). In detail, NKEM/NKEM-S were produced by squeezing out live NK-92MI cells through 5 μm and 2 μm membranes (Nuclepore, Whatman, Inc., USA) without or with sorafenib. Then, the NKEM/NKEM-S were filtered through 0.22 μm filters, purified by ultracentrifugation at $100,000 \times g$ for 1 h at 4 °C (Beckman Coulter, Brea, CA, USA), and then washed with PBS to obtain NKEM and NKEM-S. The morphologies of NKEM and NKEM-S were evaluated with a nanoparticle tracking analysis (NTA) (NanoSight LM10 instrument, Malvern Panalytical, UK).

Cellular uptake assay. NKEM and NKEM-S were labelled with DiI (Thermo Fisher Scientific, Waltham, MA, USA), a fluorescent lipophilic dye, and incubated with ATC cell line (BHT101/F cells) for 3 h. The cancer cells without NKEM were referred to as the blank. After incubation, the samples were washed, fixed, treated with Hoechst dye (Thermo Fisher Scientific), and covered with Vecta-

shield mounting medium (Vector Laboratories, USA). The samples were examined using a confocal laser microscope (Zeiss, LSM, Germany).

In vitro cytotoxicity of NKEM-S. The toxicity of NKEM-S to the DTC cell line (K1/F) and ATC cell line (BHT101/F) was evaluated with bioluminescence imaging (BLI) at various concentrations at 24 and 48 h in a dose-dependent manner by using the IVIS Lumina III imaging system. The flows of the experiment are summarized in Fig. 1.

Statistical analysis. All data were expressed as the mean \pm standard deviation (SD), and statistical significance was determined using GraphPad Prism 5 (GraphPad Software Inc., USA). A value of $p < 0.05$ was considered statistically significant.

Results

Characterization of NKEM-S. Fig. 2, a outlines the detailed schematic of the NKEM-S production process. NKEM-S had a small size distribution, with an average particle diameter of 201.9 nm, as revealed by NTA. Drug loading resulted in no significant change in the size of the nanoparticles (NKEM-S) (Fig. 2, b).

Cellular uptake. The drug loaded into NKEM should be delivered into the target cells to achieve therapeutic effects; therefore, the interaction between cancer cells and nanoparticles was assessed. NKEM-S were labelled with DiI and incubated with BHT101/F cells. As shown in Fig. 3, NKEM and NKEM-S were taken up by ATC cells.

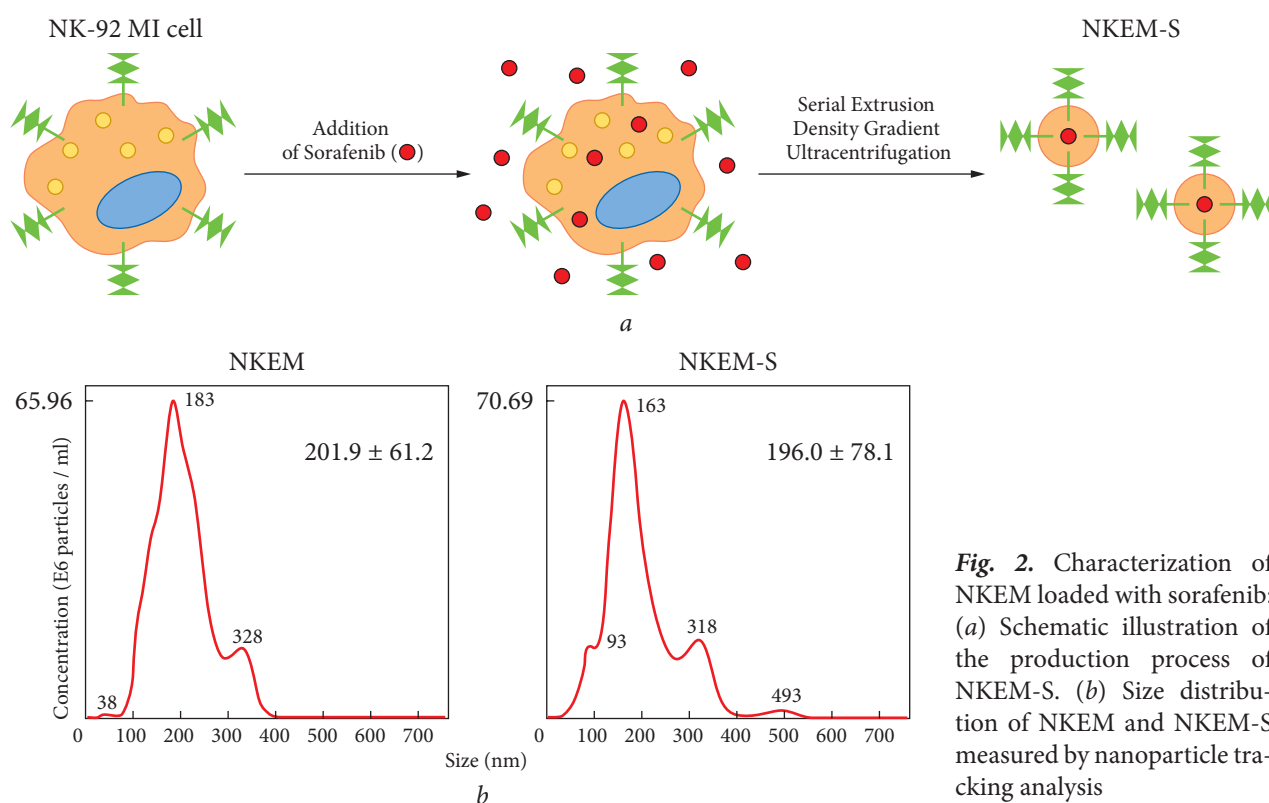


Fig. 2. Characterization of NKEM loaded with sorafenib: (a) Schematic illustration of the production process of NKEM-S. (b) Size distribution of NKEM and NKEM-S measured by nanoparticle tracking analysis

***In vitro* antiproliferative and killing effects of NKEM-S against the thyroid cancer cells.** The killing effects of NKEM-S against K1/F and BHT101/F cells were evaluated by BLI (Fig. 4). The cancer cells were cultured with NKEM-S of various concentrations and subjected to BLI for 24 and 48 h. Analysis of the reporter gene signal in K1/F and BHT101/F cells (Fig. 4, a, b) indicated a dose- and time-dependent cytotoxicity of NKEM-S. The quantitative analysis of the data showed that NKEM-S exhibited significant cytotoxicity to both thyroid cancer cell lines. Even the ATC cell line (BHT101/F) was less sensitive to NKEM-S as compared with the PTC cell line (K1/F) (Fig. 4, c, d).

Discussion

Extracellular vesicles have been exploited by DDS for many years [38, 47, 49–51]. For instance, exosomes derived from milk were used for treating cancer in combination with paclitaxel and doxorubicin [41, 52–55], and curcumin-encapsulated exosomes derived from milk were shown to be resistant to intestinal digestion and exhibited enhanced intestinal permeability [54]. In addition to the chemical agents, exosome-mediated delivery of siRNA, miRNA, and shRNA has been reported [20,

53, 56, 57]. In comparison with artificial nanoparticles such as liposomes, exosomes offer advantages in terms of better functions and longer circulation time, which may be due to their natural origin [22, 25, 42, 58]. However, for the use of exosomes as a DDS, it is important to address several limitations in exosome preparation procedures such as low production yield, expensive and difficult purification process, differences in characters and functions of exosomes produced by different protocols [28]. According to previous studies, exosomes generated from NK-92MI cells display an anti-tumor ability, suggestive of their application for the delivery of chemotherapeutics to tumor therapy [17–19, 21, 23]. For example, Han et al. investigated NK-derived exosome-embedded paclitaxel (PTX-NK-exos), and the drug-loaded exosomes effectively inhibited the proliferation and induced apoptosis in breast cancer cells [21].

EM have been recently developed to overcome the limitations of exosomes [59, 60]. For example, the large-scale production of EM was feasible through the direct extrusion of cells via microfilters; and the characteristics and bio-functions of EM were similar to those of exosomes [40, 41, 61]. Gho et al. [41] produced doxorubicin-loaded EM by the breakdown of macrophages and confirmed

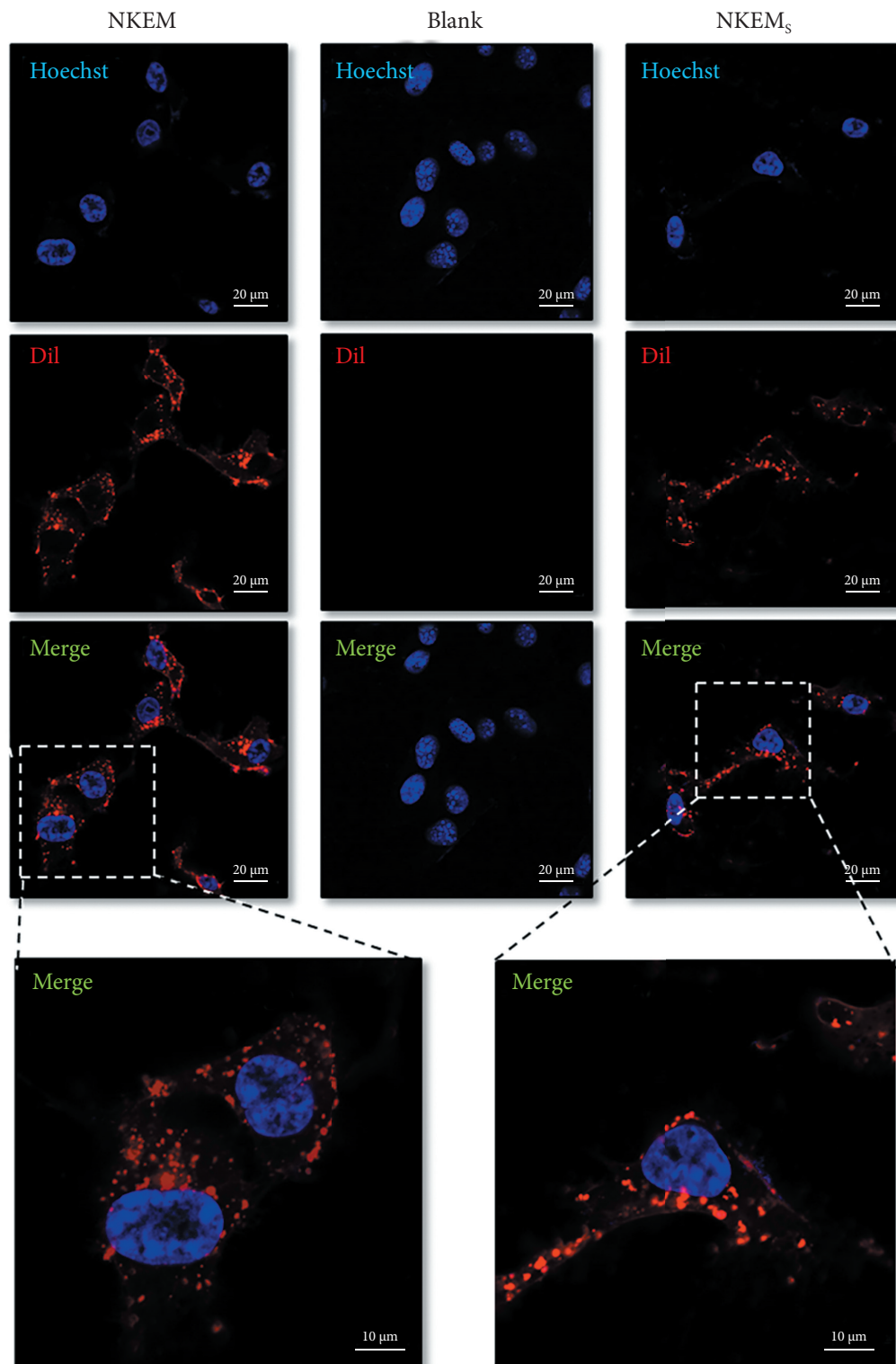


Fig. 3. Accumulation of NKEM/NKEM-S in BHT101/F cells

their antitumor effects following systemic injection. Furthermore, EM from pancreatic β -cells have been developed and applied for the treatment of diabetes [62]. Not only cells but also gram-negative bacteria have been used for generating EM, which exhibited antibacterial and antitumor responses

[37, 38] at both *in vitro* and *in vivo* studies. The results of a recent study are similar to our results in that the combination of exosomes and sorafenib improved the targeting ability of the drug, reduced toxic effects on normal cells, allowed for sustained drug release, and indicated the antitumor impact

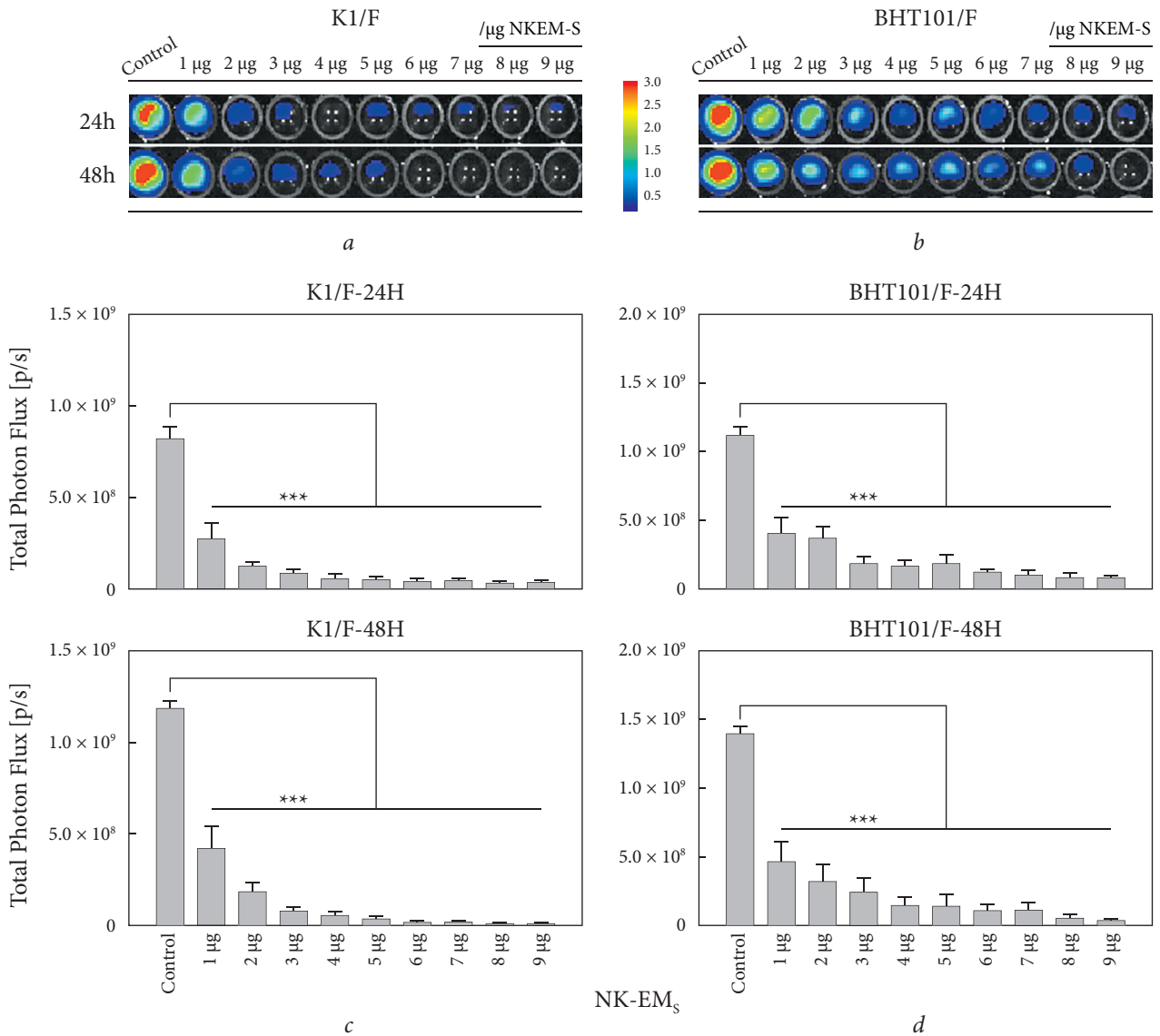


Fig. 4. *In vitro* antiproliferative ability of NKEM-S to K1/F and BHT101/F cells assessed by BLI. The killing effect of NKEM-S on K1/F cells was shown in (a, c), and BHT101/F cells showed lower sensitivity to NKEM-S compared to K1/F cells (b, d). Experiments were performed at least in triplicates, and mean ± SD was plotted, *** $p < 0.001$ (by Student's *t*-test)

on the breast cancer cells [63]. Even the exosomes from the NK cells have been widely explored, while the EMs derived from NK cells have not been applied for the DDS in cancer therapy especially for thyroid cancer. In the present study, sorafenib, widely used as a targeted therapeutic agent for various cancers including thyroid cancers, was loaded into NKEM and applied to treat DTC and ATC cells. As shown in Fig. 2, b, both NKEM and NKEM-S were spherical and had a size of approximately 100 nm. Although many drug loading methods such as incubation, saponification, permeabilities, and sonication have been reported, it remains unclear whether these loading strategies

disrupt the integrity, stability, function, and loading efficiency of nanovesicles [39, 41, 64], which is a direction for subsequent research.

DDS used for therapeutic application should be able to deliver the incorporated therapeutic agents to the target site and avoid RES identification, especially macrophages that may consume foreign bodies by phagocytosis [38, 39, 64]. Several synthetic drug delivery systems, including liposomes, gold nanoparticles, and polymeric nanoparticles, have been developed and used in preclinical and clinical applications [40]. Although these preparations have shown promising results, cell-produced DDS can better avoid RES recognition, across en-

dothelial barriers, and provide better options for future experimental studies [65, 66]. In the current study, we developed a sorafenib-loaded NKEM and demonstrated its efficient delivery into thyroid cancer cells as shown in Fig. 3. In addition, the *in vitro* killing ability of NKEM-S against two thyroid cancer cell lines was also confirmed (Fig. 4), but the lack of *in vivo* experiments was the one limitation of this study. Nevertheless, NKG2D-equipped nanoparticles had promising applications in tumor-targeting ability in mice models of colon cancer [67]. Meanwhile, the expression of NKG2D in the NK membrane has been confirmed by several studies [68, 69]. These results show that nanoparticles from NK cells can inherit the cell with membrane components, exhibit good biosafety, and have a tumor-centric biodistribution in *in vivo* experiments. Therefore, even though no *in vivo* experiments were performed on NKEM in this study, the application of NKEM to the oncology treatment including thyroid cancer, remains promising.

To sum up, we successfully loaded sorafenib into NKEM, and the nanoparticles exhibited higher *in vitro* killing ability against thyroid cancer cells, even the ATC cell line. Results of the study suggest that NKEM-S may serve as auspicious nanoparticles for DDS and become therapeutic agents for the treatment of ATC.

Author contributions

Conceptualization: Liya Zhu & Byeong-Cheol Ahn; Data curation: Liya Zhu; Funding acquisition: Byeong-Cheol Ahn; Project administration: Byeong-Cheol Ahn; Writing the original draft: Liya Zhu; and Writing, editing, and review: Liya Zhu & Byeong-Cheol Ahn, and supervision: Byeong-Cheol Ahn.

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ЕКЗОСОМОМІМЕТИКИ З КЛІТИН — ПРИРОДНИХ КІЛЕРІВ ЯК ПРИРОДНІ НАНОНОСІЇ ДЛЯ ДОСТАВКИ *IN VITRO* ХІМІОТЕРАПЕВТИЧНИХ ЗАСОБІВ ДО КЛІТИН РАКУ ЩИТОПОДІБНОЇ ЗАЛОЗИ

Стан питання. Дослідження екзосом як один з розділів нанотехнології має перспективи для діагностики та лікування різноманітних захворювань. Однак, одержання екзосом є досить непростим, займає багато часу, і має невисокий вихід кінцевого продукту. Екзосомоміметики (ЕМ) нагадують екзосоми за своїми характеристиками, але їх можна одержати із досить високим виходом. **Мета** дослідження полягала в одержанні ЕМ з клітин — природних кілерів (ПК) — ПКЕМ, навантажених сорафенібом та вивченні їхньої цитотоксичної здатності щодо клітин ліній раку щитоподібної залози. **Матеріали та методи.** ПКЕМ, навантажені сорафенібом (ПКЕМ-С), одержували змішуванням сорафенібу з ПК під час продукування ПКЕМ. ПКЕМ та ПКЕМ-С характеризували шляхом аналізу траєкторій руху наночастинок для визначення їхніх розмірів. Визначали також поглинання цих наночастинок клітинами раку щитоподібної залози *in vitro* та їхню цитотоксичну здатність щодо цих клітин. Використовували методи конфокальної лазерної мікроскопії та біолоюмінесцентної візуалізації. **Результати.** Клітини раку щитоподібної залози поглинали ПКЕМ та ПКЕМ-С. Методом біолоюмінесцентної візуалізації підтверджено цитотоксичний та антипроліферативний ефекти ПКЕМ-С у відношенні клітин двох ліній раку щитоподібної залози *in vitro*. Що особливо важливо, ПКЕМ-С демонстрували цитотоксичну дію на клітини анапластичного раку щитоподібної залози. **Висновки.** Навантажені сорафенібом ПКЕМ здатні спричинити загибель клітин раку щитоподібної залози, особливо анапластичного раку, *in vitro*. Це відкриває нові можливості систем доставки лікарських засобів для лікування хворих на рак щитоподібної залози.

Ключові слова: рак щитоподібної залози, екзосомоміметики, природні кілери, імунотерапія, системи доставки лікарських засобів.